

Favour 4 Favour

Winter 2013

CALLING ALL DIY'ERS!

Favour 4 Favour wants to hear from all you DIY'ers to see what skills you can offer or if you would like to learn some DIY skills like how to hang wallpaper etc.

We already know someone who wants help with fitting a carpet – so if you can help please get in touch.

Any ideas are welcome and we will start putting them into action.

MEMBERSHIP UPDATE

In total our members have achieved a **whopping 1022.5 hours of swapping.**
Thanks all – and let's do more!

We have **63** individual members and **16** organisations offering all sorts such as: Art & crafts, Baking, Carpentry, Debt advice, DIY, Dog Walking, Form Filling, Gardening, Housework, IT Support, Knitting, Language Tuition, Reading Aloud, Sewing, Shopping, Writing letters and more.

XMAS EVENTS FOR YOUR DIARY

Xmas Crafts

Monday 25th November
10am – 12 noon
William Sutton Hall, PL5 1QF

Xmas Baking & Bunting Making

Monday 16th December
10am – 12 noon
William Sutton Hall, PL5 1QF

2nd ANNUAL TIME BANK CONFERENCE

CASHLESS COMMUNITIES?

Thursday 28th November

9.30 – 3.00pm Conference
3.00pm – 5.00pm Networking

The Reception Room, Council House, Armada Way, Plymouth, PL1 2AA

Please contact Marina for a booking form:

Marina.DaJusta@plymouth.gov.uk

Tel: 01752 307074



THURSDAY 28TH NOVEMBER 2013
9.30am - 3.00pm

CASHLESS COMMUNITIES?

Timebanking can be a way of recession-proofing communities by releasing the abundance of resources, skills, talents and energy that exist and often go underused. Everyone's skill, time and contribution is equally valued so it's a way of exchanging time and talent where money is scarce. There are many benefits including; health & wellbeing, economic resilience, community safety and community cohesion.

To book email: Marina.DaJusta@plymouth.gov.uk

Additional Networking 3.00pm – 5.00pm

2nd ANNUAL TIME BANK CONFERENCE

For the Community & Voluntary Sector, Residents, Local Businesses, Local Authorities and Statutory Agencies

Keynote Speaker
Jez Spencer
Chief Executive
Fair Shares

Plymouth based
Time Banks

AT THE
RECEPTION ROOM
COUNCIL HOUSE
ARMADA WAY
PLYMOUTH
PL1 2AA

OPENING TIMES

Favour 4 Favour is open so you can pop in and speak to our Brokers so we can provide the help you need and organise more exchange events. We are based at William Sutton Hall, 6 Shelley Way, St. Budeaux, PL5 1QF.

Open Times:

Monday 9.30am – 2.30pm
Thursday 12.30pm – 2.30pm
Friday - By appointment

So call in for a coffee and a chat to see how Favour 4 Favour can help you.

COFFEE MORNINGS

We hold a coffee get together every Monday morning 9.30am -11.30am @ William Sutton Hall PL5 1QF, so come along for a chat, hot drink and bring your friends, the more the merrier. Children are welcome.



Bunting update

A quick update on our bunting making! We currently have about five thousand triangles towards the Guinness World Record attempt for the longest line of bunting, which currently stands at 2.93 miles long! Many thanks to all those who have contributed so far including pupils at Riverside School and residents at home.

We are now working in partnership with Ocean View Time Bank and BB Roots on the world record attempt. We are always looking for more help to make and decorate triangles and if you want to get involved contact us on the details below. We will talk to you about what to do and send you a template.

If you would like to get involved in anything or find out more contact just us at the details below.



How to contact us

Email: stbudeaux@hotmail.co.uk Telephone: 07925848431 or pop in for a chat at: William Sutton Hall, 6 Shelley Way, St Budeaux, Plymouth, PL5 1QF.

Catch us on Facebook: **St Budeaux Time Bank** or on Twitter: **@StBudoTime** or website: www.stbudeauxtimebank.wor4dpress.com