



ST NEOTS TIMEBANK

NEWSLETTER 16

Covering: The Eatons, The Paxtons, Eynesbury, Croxton, Loves farm, Papermill and the Offords

Having joined the world of technology with Facebook and twitter, plus the extra flyers that are being delivered requests for registration to the TimeBank has escalated. This has left me with a long list of requests which you are helping me to achieve a match:

- 2 x IT problem by Paul
- Fitting a Shower Bath Tap by James
- Banisters fitted by Izzy
- Concreting a pathway and step by Lenny
- Dripping Tap by Terry
- Internet help from Clair and Lisa
- Administration help from Sarah
- Items to the tip by Tony and James
- Garden advice by Brian
- Weekly Vacuum Cleaning by Ann and Jayne

However I do still have some outstanding projects:

- Moving a greenhouse (need couple more helpers)
- Dishwasher to be plumbed in
- Repairing a clock
- Gardening
- Repairing a coffee maker
- Help loading heavy furniture
- Dog Walking
- Bike Gears Sticking



CAN YOU HELP?

timevolunteers@hotmail.co.uk
<https://twitter.com/StNeotsTimeBank>



www.stneotstimebank.org.uk
<https://www.facebook.com/timebankstneots>

We have a few new skills to add to our list of many:

Planning a garden, Stress Counselling, Window Cleaning, Vacuum Cleaning, Basic Personal care, help with French, Primary School Help, Youth work and CV Writing.

We will shortly be sending out an evaluation form by 'Survey Monkey' or post for those without email. This is to help with applying for funding and to find out if there is anything that we could do better. I hope you will be able to find the time to complete this and please don't hold back – tell it all as you see it.

We would like to organise a community evening once a month – however we would like this to be something that would be enjoyed by many – I have a multitude of connections to invite a speaker along, or arrange training or a craft get together. **Your call** just let me know. One idea would have been a knitting circle but the Library beat me to that:

On Wednesday, 12th March 2014 St Neots library launched a new evening knitting group and I wondered if you could put the details in your next edition of the newspaper or local town magazines? The details are:

Night Knitters is a free to join, friendly evening for those who enjoy knitting, crochet and other thread based crafts. They meet every 2nd and 4th Wednesday of the month from 7 to 9pm. The meetings are held at St Neots Library in Priory Lane. The next meeting is Wednesday, 26th March, then 9th and 23rd April and so on. To access the meeting after 7pm you need to go to the side gate and ring the bell. For further details please contact the library on 0345 04505209 and ask to be put through to St Neots Library.



Our Friday afternoon group, St Neots Library Knitting Group is still running and doing well with new members joining on a regular basis. These meetings are also held at the library on the 1st and 3rd Friday of the month, 1 to 4pm, next meeting is Friday, 21st March 2014.



Several TimeBankers helped during both days with the Eynesbury Village St Georges Weekend. Some ended up helping to dismantle the Marquee in the pouring rain.

All in all, a good weekend was enjoyed by many and a **BIG Thank You** to those that helped to make it all happen. Lucky Programme



number was 58, contact 01480 404184 and claim your £50.



You may remember that St Neots TimeBank was invited to a meeting in November at Woodgreen as a voluntary organisations that could help:

The Cambridgeshire and Peterborough Clinical Commissioning group regarding: 'Proposals to improve older people's healthcare and adult community services'.

_They have now arranged for several Public Consultations, the closest one to us is on **8th May 2014** at the Commemoration Hall, 39 High Street, PE29 3AQ 1pm till 2.30pm or 7pm till 8.30pm

Copiers of the consultation document and questionnaire are available:

From St Neots TimeBank Coordinator 01480 404184

On line at: www.cambridgeshireandpeterboroughccg.nhs.uk

Request a copy by phone: 01223 725304

Request by post: Freepost Plus RSCR-GSGK-XSHK, Cambridgeshire and Peterborough CCG, Lockton House, Clarendon Road, Cambridge CB2 8FH

Or Email to: engagement@cambridgeshireandpeterboroughccg.nhs.uk



Not too much news this month but several things are in the pipeline which are making the future of TimeBanking look quite exciting, including a new improved website.....

and **A Date for your Diaries**

Pencil in **Saturday 14th June 2014** we have joined up with the Volunteer centre, The listeners and the Cambridge Fire & Rescue Service Community Group to organise an event to celebrate and promote Volunteering (The beginning of June will be

National Volunteers week).... so

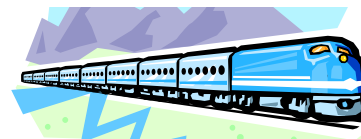
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watch this space for further updates and don't miss it.

One of our members, Kate is off to Manchester on Monday to represent St Neots TimeBank and meet with members from TimeBanking UK This will be to learn more about their ideas and procedures of how they can help individual TimeBanks...ideas such as a New Data Base that allows members to log their own hours.



Last month our coffee morning invited Judith as a guest from Cambridgeshire Alliance for independent living. Several members found talking to her was of great interest and relationships have been made.

This month our meeting will be on **3rd May 2014** at the Priory Centre 11am till 1pm - it will just be our normal get together with a free cuppa and plenty of people to chat to. We also hope to welcome several new members into our group.

WHAT CAN WE DO FOR YOU ? – Just call

If you need a lift to get there, wish to join TimeBank or just need more details then contact the coordinator **Georgina** on 07590909057 or 01480 404184 If you know of any elderly people that need help one way or another tell them about TimeBank, we are here to help.

Tell your friends and neighbours, too – everyone's welcome

email: timevolunteers@hotmail.co.uk

Website: www.stneotstimebank.org.uk

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